PERIOD. AT WORK

CYCLE AWARENESS AS AN EMPLOYEE BENEFIT

Every colleague gets PERIOD. plus: the cycle app with its own assistant, doctor report and insights across cycles. Privacy first, anonymous, in 19 languages.



14%
of women sometimes call in sick because of period symptoms (Radboudumc, 32,748 women)

80%
of women experience period symptoms at work (BMJ Open)

100,000+
women already use PERIOD., rated 4.8 on the App Store

WHAT YOUR TEAM GETS

- PERIOD. plus for every employee, via a unique code
- Assistant in 19 languages, doctor report as PDF
- Also for colleagues in menopause: log hot flushes, report for the GP
- The employer sees nothing personal; data stored in the EU, never sold
- Helps put ISO 45010 (menstruation and menopause at work) into practice

PRICE PER EMPLOYEE PER YEAR

1 to 50	€30
51 to 200	€27
200+	€24

A consumer pays €34.99. Cancel monthly, no IT integration, fits a wellness budget.

HOW TO START

- Free trial: 30 days of plus for 10 colleagues
- Or a 15 minute intro call
- You get the codes, colleagues enter them in the app

myperiod.app/period-at-work-en

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PERIOD. B.V., Amsterdam. PERIOD. is not a medical device.